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Posted on 11 May 2010 by Kramer



The Expendables' new album "Prove It" is definitely one of the best albums I've heard in a long time. "Prove It" contains a mixture of styles of music such as rock, alternative and reggae. Two of my favorite songs are "Trying To Focus" and "Brother." After listening to "Trying To Focus," it's obvious that this album was produced by Paul Leary and NOFX's "EL Hefe." The outro guitar solo over the lyrics has a very powerful sound that I don't believe I've ever heard.

"Brother" has a very rhythmic sound that is virtually impossible to get out of your head. Prove It also features many guest performers such as the members of Slightly Stoopid and G. Love. I would strongly recommend anyone who is a fan of Slightly Stoopid, Rebelution or NOFX to go out and buy this album NOW! For more information, please visit The Expendables' website.

-Kramer